Ricotta Soufflé Pancakes with Blackberry Balsamic Compote



WITH TEXAS HILL COUNTRY SOLA STELLA EVOO & BLACKBERRY BALSAMIC

Ingredients

Ricotta Soufflé Pancakes:

- 1 cup all-purpose flour1/4 cup granulated sugar
- 2 teaspoons baking powder
- 1/2 teaspoon baking soda
- 1/4 teaspoon salt
- 3/4 cup milk
- 1/2 cup ricotta cheese
- 1/4 cup Sola Stella Extra Virgin Olive Oil
 2 large eggs, separated
- 1 teaspoon vanilla extract
- Zest of 1 lemon
- Zest of Fleirion
- Extra olive oil, for cooking Blackberry Balsamic Compote:
- 2 cups fresh blackberries
- 1/4 cup sugar
- 2 tablespoons Blackberry Balsamic Vinegar
- 1/4 teaspoon cinnamon
- · Pinch of salt

Directions

 Rinse the blackberries and place them in a saucepan over medium heat. Add the sugar, blackberry balsamic vinegar, cinnamon, and salt to the saucepan and stir to combine.
 Cook the mixture for 5-7 minutes, stirring occasionally, until the blackberries have

Notes

- softened and released their juices. Reduce the heat to low and simmer the compote for
- an additional 5-10 minutes, until it has thickened to your desired consistency.

 3. Remove the compote from the heat and let it cool while you prepare your pancakes.
- In a large mixing bowl, whisk together the flour, sugar, baking powder, baking soda, and salt.
- 5.In a separate mixing bowl, whisk together the milk, ricotta cheese, olive oil, egg yolks, vanilla extract, and lemon zest until smooth.
- 6. Pour the wet ingredients into the dry ingredients and mix until just combined. Be careful not to overmix.
- 7.In a separate bowl, beat the egg whites until stiff peaks form. Gently fold the egg whites into the batter until no white streaks remain.
- 8. Heat a non-stick skillet over medium heat. Grease the skillet with a little extra olive oil.
- 9. Using a 1/4 cup measuring cup, scoop the batter onto the skillet. Cook until bubbles form on the surface and the edges start to look set, about 2-3 minutes.
- 10. Flip the pancake and cook until golden brown, about 1-2 minutes more. Repeat with the remaining batter, adding a little more olive oil to the skillet as needed.
- 11. Serve the pancakes warm, and top with blackberry balsamic compote, whipped cream, and powdered sugar, if desired.